

CONSENSO DE EXPERTOS:

RECOMENDACIONES RELACIONADAS CON LA PREVENCIÓN DE FRACTURAS POR FRAGILIDAD

25th January 2024

Dear Cristina,

After reading your translation of this document I am writing to say how impressed I am with the comprehensive approach to the prevention of fragility fractures in Spain that it describes.

I have led the [National Hip Fracture Database \(NHFD\)](#) in England, Wales and Northern Ireland for over 10 years, and until recently was senior clinical lead for the [Falls and Fragility Fracture Audit Programme \(FFFAP\)](#) at the Royal College of Physicians in London, which includes our own national clinical audit of secondary fracture prevention; the [Fracture Liaison Service Database](#).

I am also chair of Hip Fracture Audit within the global [Fragility Fracture Network \(FFN\)](#).

More importantly, over the last 30 years I have personally looked after 12,000 people with hip fracture in my clinical work here in the [University Hospital of Wales and School of Medicine](#) in Cardiff. Knowing the impact of this injury it is great to see recommendations that will make such a difference to the 55,000 people who suffer this injury every year in Spain.

It is so much more sensible to make these proposed investments in preventing hip fractures, rather than simply continuing to spend the €1 billion that hospitalisation, surgery, rehabilitation and long-term care of so many people must cost health services in Spain every year.

I congratulate you and wish you well – please let me know if there is anything I can do to support this important work.



Antony Johansen

Consultant Orthogeriatrician, University Hospital of Wales, Cardiff

Honorary Professor, School of Medicine, Cardiff University

Clinical Lead, National Hip Fracture Database, Royal College of Physicians, London



Royal College of Physicians | National Hip Fracture Database (NHFD)

View how well your hospital is performing in hip fracture care online

Visit the NHFD website