

Dept. of Orthopaedics

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I hereby express my support of the Spanish CONSENSO DE EXPERTOS RECOMENDACIONES RELACIONADAS CON LA PREVENCIÓN DE FRACTURAS POR FRAGILIDAD.

An evidence-based and structured treatment and follow-up plan for persons at risk of fragility fracture and/or osteoporosis is mandatory to prevent fractures and to improve bone health. With such a statement, and all its important issues, Spain embarks on a national plan in line with what other countries with an ageing population already follows or are planning.

As fall injuries and fragility fractures results in pain, loss of independence and health-related quality of life, medical complications and even death, the society must do its best to support healthcare and volunteers in both prophylactic and therapeutic work. The costs of such an initiative need to be weighed against the economical and humanitarian gains in reducing the number of fractures and improving the outcomes after such injuries.



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